

# Mustang Trekking

## Detail Itinerary

### **Day 01:** Kathmandu arrival [1,372m/4500ft]

Arrive Kathmandu. Meet, assist and transfer to Hotel. Evening - Briefing on Mustang trekking.

### **Day 02:** Kathmandu to Pokhara [900m/2952ft]

After breakfast drive to Pokhara. This scenic drive goes through villages along Trishuli river and takes 5 1/2 hrs to 6 hrs. Rest of the day in Pokhara is free for walking by the lake Phewa or for boating on your own. Overnight hotel.

### **Day 03:** Fly to Jomsom and trek to Kagbeni [2,858m/9,374ft] 3-4 hours walk

Early morning a 20 minutes picturesque flight from Pokhara to Jomsom gives you an opportunity to have views of Dhaulagiri, Annapurna and Nilgiri mountains. Jomsom is head quarter of Mustang also the main town for administrations offices. Have breakfast and start trekking following Kaligandaki River. After about 3 hours we arrive at Ekley-Bhatti located in isolated area. Then we continue our walk for another 1 hr to reach Kagbeni. Overnight guesthouse.

### **Day 04:** Kagbeni to Chele [3,050m/10004ft] 6 hours walk

We enter the Upper Mustang restricted region and walking up and down we reach Tangbe village. Further trek through white colored homes surrounding by buckwheat, barley, wheat and apple farms we reach Chhusang and then Chele village. Overnight guesthouse.

### **Day 05:** Chele to Syanbochen [3475m/11,398ft] 7 hours walk

From Chele we trek to Eklo Bhatti and ascend to Taklam La Pass (3,624m/11,887ft). From here observe the view of Tilicho Peak, Yakawa Kang and Damodar Danda. Further move down a petite to the town of Samar, Hike up Samar village to the edge then downward sharply to a stream, for another about 3 hours to Syanbochen enjoying the cool sounds of streams and juniper trees. Overnight guesthouse.

### **Day 06:** Syanbochen to Ghaymi [3520m/11546ft] 6 hours walk

We hike up hill to the Yamda La crossing some tea houses, Chortens and local community of Tibetan style residence. Crossing barley fields we climb Nyi Pass of 13,193ft. Here we descend for our overnight stop at Ghaymi which is the third biggest town in Lo area. Overnight guesthouse.

### **Day 07:** Ghaymi to Charang [3500m/11480ft] 5 hours walk

After crossing Ghaymi Khola the trail leads Mani wall. From the Mani wall end the trek ahead east to the village of Charang. Overnight guesthouse.

### **Day 08:** Charang to Lo-Mangthang (3700m/12136ft) 5 hours

Trek from Charang to Lo-Mangthang gives you the most beautiful view of Nilgiri, Tilicho Peak and Annapurna I mountains. Overnight guesthouse.

### **Day 09:** Explore Lo- Mangthang

Being Lo-Mangthang our destination, we take an extra day for visiting Namgyal Hompa and Tingkhar. A Namgyal Gompa located at the top of hill also known as local court and we continue tour to Tingkhar which is last village situated northwest of Lo- Mangthang. You may also visit the Tall Champa Lakhang known as "God

House”, Thugchen Gompa, Chyodi Gompa and the Entrance hall those are the major visiting places around Lo-Mangthang. Overnight guesthouse.

**Day 10:** Trek Lo- Mangthang to Drakmar [3810m/12497ft] 6 hours walk

The different trek path while we coming back from Lo- Mangthang to Drakmar via Gyakar visiting ancient Ghar Gompa where we meet Guru Rinpoche as the main shape. Overnight guesthouse

**Day 11:** Dhakmar to Ghiling [3807m/12,487ft] 5-6 hours walk

Enjoying the deserts type landscape with the view of Dhaulagiri and Nilgiri mountains we arrive the Ghiling. Overnight guesthouse

**Day 12:** Ghiling to Chhuksang [3050m/10004ft] 5 hours

The trek mostly is descending in dry and desert like area. Overnight guesthouse

**Day 13:** Chhiksang to Jomsom [2720m/8,922ft] about 7 hours walk.

We start early and try to avoid wind while walking. Finishing the Mustang trail, we now link the Annapurna circuit regular trail in Kagbeni and continue walking to Jomsom for last night of our trek. Overnight guesthouse

**Day 14:** Fly back to Pokhara

Flying between Dhaulagiri and Annapurna Himalayan range we land in Pokhara. Transfer to hotel. Rest of the day at leisure. Overnight hotel

**Day 15:** Fly from Pokhara to Kathmandu.

Transfer to airport for 25 minutes flight to Kathmandu. Upon arrival, transfer to hotel. Rest of the day at leisure for relaxing or shopping. Overnight hotel

**Day 16:** Fly for onward destination

Transfer to Kathmandu airport for your flight to next destination.