

Langtang Trekking

Detail Itinerary

01: Arrive Kathmandu. Meet assist and transfer to hotel. Overnight at hotel.

02: AM – Half day sightseeing tour of Pashupatinath and Boudhanath

PM – Half day sightseeing tour Kathmandu city and Soyambhunath.

03: Drive from Kathmandu to Syabru Besi (1462m) 7-8 hours. Overnight guesthouse. 04: After crossing the suspension bridge the trek starts through the trees to Doman (1680m). The trail then makes a steep climb over a rocky ridge to Pairst Lodge (1810m) and further the route climbs gently to Bamboo Lodge (1960m). Climbing steeply the trail will get to Rimche (2400m) and then to Lama Hotel (2470 m). Overnight guesthouse.

05: From Lama Hotel the trail climbs through a forest of hemlock, oaks, maples and rhododendron observing glimpses of Langtang Lirung, reaches to Gumanchok (2800m) and then climbs to Ghora Tabela (2970m). After this the trail descends to Thangshyap (3140m) before ascending to Langtang village (3430 m). Here is head quarter for Langtang National Park. Overnight guesthouse.

06: Explore the Langtang Valley on foot or by hiring a pony. You may also hike up the moraine north of Kyanjin Gomba (4300m) to have very close spectacular views of Langtang Lirung, Kinshung, Yansa Tsenji (6575m) and the foot of the huge Lirung glacier. Trek back to Langtang Village. Overnight guesthouse.

07: The trail climbs from Langtang Valley gradually to Sindum and to Yamphu (3640m). Crossing the Laja Khola climb a moraine to a viewpoint where you can see Kyanjin Gomba and the dramatic icefall flowing from Langtang Lirung and Kinshung. Descend to Kyanjin Gomba (3870m). Overnight guesthouse.

08: From Kyanjin Gomba trek back to Lama Hotel. Overnight guesthouse.

09: Trek to Syabru Besi. Overnight guesthouse.

10: Drive back to Kathmandu, 7 8 hours. Overnight hotel.

11: Transfer to airport for departure flight.