

# Heritage and Culture tour

## Detail Itinerary

### Day

**01** - Arrive Kathmandu. Meet assist at the airport and transfer to Hotel. Overnight at hotel.

**02** - Breakfast at Hotel. Morning: Half day sightseeing tour of Pashupatinath and Boudhanath.  
Afternoon: half day sightseeing tour of Kathmandu city and Swayambhunath. Overnight at hotel.

**PASHUPATINATH**- 5 kms / 3 miles east of Kathmandu City lies Pashupatinath temple, the holiest temple dedicated to Lord Shiva in Nepal. Situated on the bank of the sacred Bagmati river, the temple is built in pagoda style with gilt roof and richly carved silver doors on four sides. Tourists are permitted to view the temple from the east bank of Bagmati river, entrance in the temple being strictly forbidden to all non Hindus. Pashupatinath is the centre of annual pilgrimage on the day of Shivaratri which falls in the month of February/March. There are cremation grounds on the bank of Bagmati river.

**BOUDHANATH**- 8 kms / 5 miles east of Kathmandu City is one of the biggest in the world of its kind. It stands with four pairs of eyes in the four cardinal direction keeping watch for righteous behavior and human prosperity. It is built on an octagonal base inset with prayer wheels. The shrine is ringed by houses of Lamas (Buddhist priest) and Monasteries.

**KATHMANDU CITY**- Nowhere in the world can one find the same concentration of culture, art and tradition that exists in Kathmandu valley. Once known as Kantipur, Kathmandu is the capital of Nepal. The city is a concentration of temples. Near the Durbar Square is the residence of Kumari the Virgin Goddess who acknowledges the greetings of the devotees from the balcony of her temple residence. Kasthmandap, the source of the name of Kathmandu. Hanuman Dhoka the ancient palace of the Nepalese Royalty.

**SOYAMBHUNATH**- Located approximately 4 kms./2.5 miles, situated on the hillock, this Buddhist Stupa is said to be over 2000 years old. The Stupa which forms the main structure is composed of a solid hemisphere of brick and earth supporting a lofty conical spire capped by a pinnacle of copper gilt. Painted on the four sided base of the spire are the all seeing eyes of Lord Buddha. This hill is a mosaic of small Chaityas and Pagoda temples. From the hillock, once can have a spectacular view of the Kathmandu city.

### Day

**03** – Early morning transfer to domestic airport for Mountain flight. Transfer to hotel after flight. After AM:Breakfast at hotel,half day sightseeing tour of Bhaktapur.

Afternoon: Free

Evening: Cultural dance followed by Nepali dinner at local restaurant. Overnight at hotel..

**04**- Breakfast at hotel. Free until departure transfer for onward journey.

**MOUNTAIN FLIGHT**- One-hour daily Mountain flight is operated by domestic Airlines between 6.30 and 9.30 AM, to view the mighty Himalayan peaks including Mt. Everest. This is the closest one can go to the peaks without having to trek. Kindly note that the flights do not land anywhere all you will be offered is an aerial view. Duration of the flight will be around 45 minutes to an hour. The aircraft is pressurized with 32 seats, but out of 32 seats, they sell only 16 seats so that each passenger can get window. The operation of the flight is subject to weather condition. The peaks seen are Gosaithan, Ganesg, Langtang, Dorje Lakpa, Chugimago, Gaurishanker, Karyolung, Cho-oyu, Gyachungkang, Pumori, Nuptse, Number and of course Mt. Everest. (see the mountain profile of airlines)

**BHAKTAPUR CITY**

- The city of devotees is the home of medieval art and architecture. Situated 12 km/8 miles to the east of Kathmandu City, this place was founded in the 9th century and is shaped like a conch shell. The main square of the city contains innumerable temples and other architectural showpieces - the Lion Gate, the Palace of 55 windows, the Batsala temple and the Nyatapola temple which is the best example of Pagoda style structure in Nepal. Besides this, a visit to pottery also can be made.