

# Ghorepani Trek

## Detail Itinerary

### DAY

**01:** Arrive Kathmandu. Meet assist and transfer to hotel. Overnight at hotel.

**02:** AM – Half day sightseeing tour of Pashupatinath and Boudhanath

PM – Half day sightseeing tour Kathmandu city and Soyambhunath.

**03:** Kathmandu – Pokhara

Have early breakfast and drive to Pokhara (200km). have lunch on the way and arrive Pokhara in the late afternoon. Rest of the day you are at leisure for exploring the area or boating on Lake Fewa or getting prepared for Ghorepani trekking. Overnight at hotel.

**04: Pokhara - Tikhedhunga (1577mt)**

After breakfast drive to Nayapool (42km) 1.5 hr via large village of Lumle and walk about 20 minutes to Birethanti, a large and prosperous town. The trail follows the main street of Birethanti, going through bamboo forests. Beyond a pasture used by pony caravans, the trail reaches Sudami where you have Lunch. After lunch climb steadily up the side of the valley, reaching Hile at 1495m near Tirkhedhunga. Trek to Tirkhedhunga. Overnight in lodge at Tirkhedhunga.

**05: Tikhedhunga - Ghorepani (2835mt)**

From Tirkhedhunga the trail crosses a stream on a suspension bridge near the camp site at Tirkhedhunga. The trail ascends a steep stone staircase to the large Magar village Ulleri at 2070m. Above the village where the trail climbs gently through pastures and cultivated fields. There is a hut with water and a small camp site about 1 hr. above Ulleri. Climb to Nangethanti and trek for another one hour to reach Ghorepani.

**06: Ghorepani - Poon hill - Tadapani**

Being of the early morning 5:30 AM wake up and start to you journey climb to Poon Hill (3195m) around 1 hr. to provides better unobstructed views and sunrise over the high Himalayas. You can see a lots of white mountain peaks from Poon Hill. After sunrise, you'll return to our camp and time for breakfast.

Ghorepani means "horse water" and it is no doubt a welcome watering stop for the teams of horses, mules and ponies that carry loads between Pokhara and Jomsom. From Ghorepani the trail climbs south on muddy path through the deep forests. It finally emerges on a grassy knoil which offers good mountain views, is including views of Machhapuchhare (not visible from Grohrepani pass), and a panorama all the way south to the plains of India. It is similar views from Poon Hill. Climbing along the ridge in pine and rhododendron forests to a top 3030 metres then descend to at a second pass also called Deurali, at 2960 metres.

The trails a ridge hides the mountains as makes a steep, sometimes treacherous, descent on a narrow path

alongside the stream, as the descent continues. The stream has some clear pools alongside the trail and finally becomes a series waterfalls over a jumble of boulders. The steep descent becomes more gentle way to reaches Banthanti and stop for Lunch approx.: 1 hour.

From Banthanti, the trail follow the stream down to a bridge where the trails start climbing, leaving the moist high mountain forests and entering a field of cane, making some ups and downs past to a vantage point "Tadapani (2540 metres) that offers a brief view of the mountains. Tadapani means "far water". The village water supply is a long distance, it takes porters more than half an hour to fetch a load of water. O/N in Tadapani

### **07: Tadapani - Ghandrung**

Served the breakfast in the morning and start your journey, 8:00 AM to Landrung, it takes approx.: 6 hours. From Tadapani, the trails descends through the forests then terraced fields, to the Khummu Khola. The Ghandrung trails descends steeply from Tadapani, through forests, a short steep descend among rocks lead to a stream crossing, then the descent continues gently past over streams, finally leading out on the ridge to Ghandrung.

Ghandrung a huge Gurung village at 1940 metres, is the second largest Gurung village in Nepal and is a confusing cluster of closely-spaced, slate-roofed houses. There are neatly terraced fields situated both above and below the town. It is wonderfully easy to get lost in the network of narrow alleyways while trying to trek through the village. There is a larger handicraft factory at the top of Ghandrung. The views of Annapurna South from here are out standing. Machhapuchhare, seen from here in its fish tail aspect, peeps over a forested ridge. ACAP has visitor centre and an office in Ghandrung and provides offers information about it activities. O/N in Ghandrung.

### **08: Ghandrung - Pokhara**

From Ghandrung all the way down hill through village and terraced fields to Syauli Bazaar. It takes approx: 2 hours. Along the way you can see good views Annapurna South and Machhapuchhare too. From Syauli Bazaar, the trails follow the Modi River till Nayapul. Our lunch spot in Birethati. After lunch you have very short treks about 20 minutes to Nayapoo and then drive to Pokhara. Overnight at hotel.

### **09: Pokhara**

Half day sightseeing tour in Pokhara covering Devi's Fall, Seti Gorge, Bendebasini temple and local market.

**10:** Drive back to Kathmandu. Evening Nepalese cultural program followed by farewell dinner. Overnight at hotel.

**11:** Transfer to airport for departure flight.