

# Around Kathmandu Valley Trekking

## Detail Itinerary

**01:** Arrive Kathmandu. Meet assist and transfer to hotel. Overnight at hotel.

**02: AM** Half day sightseeing tour of Pashupatinath and Boudhanath  
**PM** – Half day sightseeing tour Kathmandu city and Soyambhunath.

**03:** Drive from Kathmandu to Sundarijal takes approximately an hour and trek from Sunjdarijal to Chisapani takes about four and half hours. The trail will enter through the Shivpuri National Park. The first settlement you will come across is Mulkharka with Tamang habitants. The route heads down the ridge through the forest of oak and rhododendron to Chisopani (2300m.). Overnight lodge/guesthouse

**04:** Trek from Chisapani to Nagarkot takes about six hours. Your trek starts to Chauki Bhanjag, which takes about 2 and half hours. You continue the charming trails leading you toward Nagarkot. Nagarkot, (2175m) is by far one of the most popular destination. In the clear weather the Himalaya range, stretching from Dhaulagiri in the west all the way past Everest to Kanchenjunga in the east, emerges from the darkness to greet the happy visitor with its awe inspiring majesty and beauty. Overnight at hotel

**05:** Trek from Nagarkot to Changunarayan takes approximately three and half hours and drive from Changunarayan to Kathmandu takes about one hour. The most popular walk leads down from Nagarkot along a ridge to the temple of Changunarayan-with views of Sankhu village to the right and Bhaktapur to the left. Changunarayan is situated at the end of a long ridge which runs well into the valley, it is said to have been built in 323 A.D. by King Hari Datta Varma. The temple is said to be the oldest temple in the valley which is richly decorated with sculptures and carvings. After visiting Changunarayan, visit Bhaktapur city before driving to Kathmandu. Overnight at hotel.

**06:** Visit Patan city, Khokana and Bungmati village. Evening Nepalese cultural program followed by farewell dinner. Overnight at hotel.

**07:** Transfer to airport for departure flight.